

# Cumberland Presbyterian Youth Conference Guidelines for Community Life



This week we will be living together as a family in Christian community. Family life is based on love, respect, trust, support, and spending time together which creates a warm and caring atmosphere. Each of us as a member of the family is very important. In order to help create this atmosphere, please read, abide by, and respect these guidelines.

1. We are to participate in all regularly scheduled conference activities, including arriving by 5 p.m. on Sunday and staying through the conclusion of the conference at lunch on Friday.
2. As guests of NaCoMe Conference Center, we are to be good stewards of the conference site and facilities, refraining from littering and writing graffiti. Individuals are responsible for costs of any damage they cause to NaCoMe property.
3. Persons who bring vehicles to NaCoMe should park them and NOT use them until the end of the conference.
4. Persons are responsible for their own personal property and should keep valuables in a safe and secure place. If desired, valuables may be entrusted to the Conference Director for safekeeping until the end of the event.
5. Separate housing is provided for males and females. In respect of persons' right to privacy, males are not permitted in female cabins nor females in males cabins.
6. The YOUTH MINISTRY PLANNING COUNCIL has determined that persons need at least seven hours of rest each day in order to function at their best. The bell will ring at **11:00 p.m.** for persons to **go to cabins. Cabin family meetings** will begin no later than **11:15 p.m.** and run for a maximum of 30 minutes. All **lights** are to be **out by 12:15 a.m.** We are to respect other persons' right to rest by being quiet during late evening and early morning hours. Wake-up time is **7:45 a.m.**
7. Many of us enjoy music and may have brought CD players, iPods or jam boxes with us. Please keep these in your cabin and play them at a volume and time which will not interfere with others' right to reasonable quietness.
8. A **QUIET TIME** is scheduled immediately following each worship. We are to refrain from talking, slamming doors, or other disturbances during this time of meditation and prayer. We are also to respect the rights of others to hear a speaker or presentation by not talking, especially during total group meeting times.
9. The possession and/or use of illegal drugs, including beer and liquor, are not permitted during CPYC. Tennessee law prohibits the use of alcoholic beverages by persons under 21 years of age.
10. The United Board for Christian Discipleship has established a policy that CPYC is to be a tobacco free environment, meaning that all participants (adults and youth) will not be permitted to use tobacco products during the week. Those who are tobacco users and need special support during this time should see the director.
11. For safety purposes, persons should stay in lighted areas at night. It is wise to use a flashlight and to travel with at least one other person.
12. The designated hours for **SWIMMING** appear on the daily schedule. No one is permitted in the water until the designated time and until a person designated as Life Guard is on duty. "Horseplay" – pushing, shoving, dunking – is not permitted. Please enjoy swimming as a recreational activity. Be safety conscious! The swimming area may be entered only from the dock side.
13. CPYC includes a full schedule of activities. It is essential for all of us to be on time for scheduled activities, especially meal times.
14. **IT'S OKAY TO HAVE FUN AND ENJOY YOURSELF!**